### WELLNESS

Amethyst, Rose Quartz, Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Amethyst: Helps detox cleanse the body, improving sleep quality, Boost the immune system and stress relief.

Rose Quartz: Strengthens the heart, improves Blood circulation.

Clear Quartz: is known as the "master healer" as well as the effect of other crystals.

# BALANCE

Sodalite, Chalcedony, Clear

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Sodalite: Good for the kidneys and bladder. it supports the absorption of fluids.

Chalcedony Helps with anxiety and depression.

Clear Quartz: is known as the "master healer" as well as the effect of other crystals.

### **FIVE ELEMENTS**

Amethyst, Chalcedony, Petrified - Wood Rose Ouartz, Ocean Chalcedony

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Amethyst: Helps detox cleanse the body, improving sleep quality, Boost the immune system and stress relief.

Rose Quartz: Strengthens the heart, improves Blood circulation.

Chalcedony: Helps with anxiety and depression.

Petrified Wood: Effective for claming the nerves, for the digestion and metabolism.

Ocean Chalcedony: Helps with anxiety and

# **FITNESS**

Red Jasper, Magnesite, Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water moleule making it in to a crystal form

Red Jasper: Regulates temperature, circulation and supply with of blood.

Magnesite: Helps with pain, tensions, cramp, migraines, headaches and sore muscles.

Clear Quartz: is known as the "master healer" as well as the effect of other crystals.

### VITALITY

Emerald, Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Emerald: Strengthens the immune system, helps with infections and inflammations.

Clear Quartz: is known as the "master healer" as well as the effect of other crystals.

### **HAPPINESS**

Orange Calcite, Carnelian Jade, Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Orange Calcite: Regulates the metabolism and digestion. Good for the bones, teeth and connective tissues.

Carnelian: Stimulates the small intestine and metabolism.

Nephrite Jade: Emotional balance, helps with kidney problems, support heart chakra.

Clear Quartz: is known as the "master healer", as well as the effect of other crystals.

#### LOVE

Rose Quartz, Garnet, Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Rose Quartz: Strengthens the heart, improves

Garnet: Muscular strength, metabolism, circulation and the quality of the blood. Strengthens the immune system.

Clear Quartz: is known as the "master healer" as well as the effect of other crystals.

# **FOREVER YOUNG**

Aquamarine, Aventurine, Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Aquamarine: Help calm the mind, nerves and anxieties, help in flushing toxins from the body "detoxing".

Aventurine: Anti-inflammatory, Eases skin eruptions, allergies, migraines, reduces stress.

Clear Quartz: is known as the "master healer", as well as the effect of other crystals.

## FLOWER OF LIFE

Amethyst, Aquamarine, Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Amethyst: Helps detox cleanse the body, improving sleep quality, Boost the immune system and stress relief.

Aquamarine: Help calm the mind, nerves and anxieties, help in flushing toxins from the body "detoxing".

Clear Quartz: is known as the "master healer" a well as the effect of other crystals.

## Jubilee Ayurveda

(Limited Edition)

Amethyst - Orange Calcite - Carnelian Garnet- Clear Quartz - Lapis Lazuli

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Amethyst: Helps detox cleanse the body, improving sleep quality, Boost the immune system and stress

Orange Calcite: Regulates the metabolism & digestion. Good for the bones, teeth and connective tissues.

Carnelian:Improves blood quality, stimulates the small intestine and metabolism.

Garnet: Muscular strength, metabolism, circulation and the quality of the blood. Strengthens the immune system. Lapis Lazuli: redusing stress and anxiety and helps in sleep quality, aid in detoxification, eczema.

Clear Quartz: is known as the "master healer" as well as the effect of other crystals.

# **GUARDIAN**

Amethyst - Black Tourmaline - Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Amethyst: Helps detox cleanse the body, improving sleep quality, Boost the immune system and stress relief.

Black tourmaline: Supports a healthy immune system, weight loss and reduction of bloating, reduction of anxiety and stress.

Clear Quartz: is known as the "master healer", as well as the effect of other crystals.

# IMPERIA THE KING

Rainbow Obsidian, Lapis Lazuli Imperial Topaz, Clear Quartz, 24k Gold

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Rainbow Obsidian: Helps to cleanse blocked areas of the body, drawing off depression , pain and stress.

Lapis Lazuli: redusing stress and anxiety and helps in sleep quality, aid in detoxification, eczema. Imperial Topaz: Manage depression and over-

Imperial Topaz: Manage depression and overthinking, helps digestion and stimulate the metabolism. Aids eyes sight. Clear Quartz: is known as the "master healer" as well as the effect of other crystals.

24k Gold: increases blood flow, elps to repair and rejuvenate damaged cells.

# **IMPERIA THE QUEEN**

Rainbow Obsidian, Garnet, Imperial Topaz Clear Quartz, 24k Gold

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Rainbow Obsidian: Helps to cleanse blocked areas of the body, drawing off depression , pain and stress.

Garnet: Muscular strength, metabolism circulation and the quality of the blood Strengthens the immune system.

Imperial Topaz: manage depression and overthinking, helps digestion and stimulate the metabolism. Aids eyes sightseeing

Clear Quartz: is known as the "master healer" as well as the effect of other crystals.

24k Gold: increases blood flow, elps to repair and

rejuvenate damaged cells.

### SANA CRYSTAL FLOW

Aquamarine, Aventurine, Rainbow Moonstone, Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making It in to a crystal form

Aquamarine: Help calm the mind, nerves and anxieties, help in flushing toxins from the body "detoxing"

Aventurine: Anti-inflammatory, Eases skin eruptions, allergies, migraines, reduces stress.

Rainbow Moonstone: Intensifies your feminine.

Clear Quartz: is known as the "master healer" as well as the effect of other crystals.

# SANA CRYSTAL JOY

Orange Calcite, Magnesite, Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Orange Calcite: Regulates the metabolism and digestion. Good for the bones, teeth and connective tissues.

Magnesite: Helps with pain, tensions, cramp, migraines, headaches and sore muscles.

Clear Quartz: is known as the "master healer" as well as the effect of other crystals.

### SANA CRYSTAL BEAUTY

Amethyst, Rose Quartz Jade (Nephrite), Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Amethyst: Helps detox cleanse the body, improving sleep quality, Boost the immune system and stress relief.

Rose Quartz: Strengthens the heart, improves Blood circulation.

Nephrite Jade: Emotional balance, helps with kidney problems, support heart chakra.

Clear Quartz: is known as the "master healer" as well as the effect of other crystals.

### SANA CRYSTAL COURAGE

Tourmaline, Petrified wood Smoky Quartz, Clear Quartz

Gemstones increases the water PH level making it alkaline, increases the oxygen level and restructures the water molecule making it in to a crystal form

Black tourmaline: Supports a healthy immune system, weight loss and reduction of bloating, reduction of anxiety and stress.

Petrified Wood: Effective for claming the nerves, for the digestion and metabolism.

Smoky Quartz: Helps with pain, tensions, intestinal problems and a weakened immune system caused by stress. Aids relaxation, stress and anxiety.

Clear Quartz: is known as the "master healer" as well as the effect of other crystals.